



# HAPPY NEW YEAR!

## KEEPING UP WITH CONCISE

JANUARY 2019

### THANK YOU

We would like to say a big thank you to all of our practice members here in the office for such a wonderful 2018! This past year has been amazing not only for the team but for you all as well. We've seen the health of each of you improve and we cannot say thank you enough for trusting us with your care. Throughout the year, many of you participated and/or donated in events such as our toiletry and food drives, Community service and much more. Everything was possible thanks to our practice members and we are very appreciative that we live in a community with loving and selfless families! Thank you for making our first year open one to remember!

### WE'RE FLYING TO ATLANTA!!

Towards the end of the month the Concise Chiropractic team will be flying out to Atlanta, Georgia for the weekend to attend a chiropractic conference.

There we will be training with other chiropractic offices from all over the nation! We're planning to learn how we can create an even more healthy and organized environment for everyone in the office as well as utilizing techniques to help as many of you as we can. We can't wait to put into action what we will learn at the conference!

### YOUR SUCCESS

Gail Started care in our office just over two months ago. When she came into our office she was experiencing constant low back pain and had severe scoliosis. Almost all of her back pain is completely gone. Gail thinks "the gonstead method of chiropractic is the best out there, with longer lasting results."

### Proactive Approach

Asthma involves many tissues of the body that, when working improperly, can make breathing properly difficult.

Chiropractic adjustments can make sure these tissues are working properly so that when you expose them to exercise, pollen, or cold air, they don't cause much of a problem

### Famous Quote

"Find the Subluxation. Accept where you find it, correct it and leave it alone."

-Dr. Clarence Gonstead

Developer of Gonstead Chiropractic



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